



NDK Changing, Training, Speaking

SMART THINKING FOR BUSINESS PEOPLE

We all have beliefs, values and thinking processes that have evolved over the years. Some of our beliefs date back to adolescence and even early childhood, and yet they still impact on our thinking and behaviours today.

Breaking through the limiting beliefs that we all possess has MASSIVE potential for business, with many people acknowledged as having restrictive ambitions and flawed thinking patterns. What if business people were sufficiently self-motivated to:

- Break through the limiting beliefs they have about themselves and their potential to achieve goals beyond their current horizons?
- What if circumstances became 'opportunities'?
- What if the apparently impossible became, simply, 'really challenging'?
- What if the 'self-talk' of business people became truly productive and solution focussed?
- What would be unleashed if people were to realise that their beliefs about what is achievable are limited by their impoverished 'maps of the territory'?

This one-day event helps businessmen & women to learn specific language patterns and question sets that release ambitions and create productive thinking patterns within themselves. These technologies are well established in the worlds of therapy and personal development.

Aims –

- To understand and use SMART THINKING techniques to effect change
- To improve personal business performance

Objectives –

- To learn SMART THINKING strategies that really make a difference
- To apply SMART THINKING techniques in business situations

Content

- Strategies for breaking through limiting beliefs
- Re-framing events & circumstances
- Questioning irrational beliefs & moving from '*I can't*' to '*I can!*'
- Goal mapping
- Making a commitment to changing your thinking

Workshop format

- One day fast paced & high impact training event
- Practical, hands-on & highly participative
- Post-training support to delegates through hot-lines to our training consultants

Delegate Take-Aways

- Course workbook

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