



TEAM BUILDING - SKILLS FOR MANAGERS

Managers are required to deliver performance, and it is usually through a team of colleagues that they achieve their business goals.

This course is designed for team managers and supervisors charged with building an effective team. Delegates explore the dynamics and skills of effective team building, examine how teams function and discover new techniques for creating 'Super Teams'!

Aims -

- To understand the intricacies of team working
- To implement changes as required in order to have a team that functions at an even more successful level

Objectives -

- To define what makes a successful team
- To explore the various roles within teams
- To appreciate how to use team profile tools
- To identify ways in which alternative leadership styles can impact upon teams
- To recognise how coaching can influence team morale and performance
- To identify personal strengths and ways of being even better within the context of the team

Content -

- Ingredients of a successful team
- Structure of team formation, including Tuckman, Besent, Mayo et al
- Team roles – Belbin
- Tannenbaum and Schmidt leadership styles and implications for the team
- Drivers and Resistors to success
- Behaviour breeds behaviour
- Coaching to improve performance
- Practise sessions, because knowing what to do is NOT the same as doing what you know!

Workshop ethos and comfort factors ☺

- The session will start and finish on time with the appropriate comfort breaks.
- Delegates should wear comfortable casual attire.
- All delegates should come prepared to take part in the activities and be assured that their contribution will be valued.
- Refreshments will be provided

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